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No. You will be assessed at school in a number of sports and can be assessed in any number you choose outside school. That said, you should know at least one sport that you will be able to be assessed in the one that you participate in at a club, but the 3 sports are not confirmed until Year 11. Ultimately, the 3 highest scores will be submitted but this must include 1 team and 1 individual activity. Can an activity be submitted for the course that I do outside school? Yes, as long as it is on the approved list set out by the exam board (see link above, pages 46-49) and you are able to fulfil the assessment criteria stipulated by them (pages 51-221). Q I like PE but I'm not very good at the sports we do and am in group 4. Is it suitable for me? Speak with your PE teacher. Your sporting ability is important and will unquestionably impact on your Α final grade but we may not be aware of activities you do outside school. If for example, you are a dancer, ice skater or kayaker/canoer, if you swim or ski, or play golf to a good standard, there is a chance we will not know. All can be used, so please do speak with your teacher and check the specification (via the link above, pages 46-49 for further details). Q How do I get activities such as equestrian/skiing assessed outside of school? The exam board lay out specific criteria that must be fulfilled. This can be found in the specification but filmed evidence must be submitted and sometimes further information from a coach/instructor would be needed. Should you follow the course, further guidance can be provided but you will need to be organised and ensure that you generate video evidence of you performing in these sports. This can begin as soon as you start the course in Year 10. Q Can I be assessed in an activity outside school even though it is being undertaken in school? To ensure the integrity of results given to the exam board and complete the internal moderation process required, additional evidence may be submitted particularly if performing at a higher level. However, ultimately the school must ensure external marks are in-line with those given for the same activity in school and therefore the PE department would finalise the mark for the activity. What is the cost of the trip to Skipton and is it compulsory? Q It is not compulsory. Approximately 75% of students attend and it is in the region of £280. It provides assessment in road cycling and rock-climbing. Many students have used one or both of these activities alongside a team game for their assessment. This is one aspect that can assist the less sporty individuals who are set on following GCSE PE. Whilst there are no plans not to offer this trip in (March/April of) 2024, there are no guarantees that this will run; it is number dependent. Is GCSE PE really worth it – What are the benefits? Q Links well with the sciences, sociology and psychology at A Level. Develops a good understanding of the human body and physical conditioning. Develops teamwork, communication skills and confidence.

Recent Bourne Grammar GCSE (and A-Level) PE students have progressed to a wide range of degree courses or employment including: Medicine, Physiotherapy, Journalism, Business, Law, Teaching, Armed Forces, Food Nutrition, Psychology, Chemistry, Marine biology ...and the list continues...

Provides a good understanding of content that can lead to numerous different degrees and jobs.