

BGS BEES

2021 - ISSUE 6

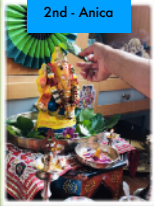
PHOTOGRAPHY

This week Year 9 have been capturing photographs to the theme 'Wellbeing'

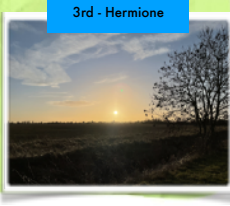
1st - Megan



2nd - Anica



3rd - Hermione



VALENTINE'S DAY CHALLENGE

This week the Head Students are challenging you to design a Valentine's Day card or Valentine's inspired art piece. We'd love to see some of your work, so once your masterpieces are completed email a photo of them to bgsbees@bourne-grammar.lincs.sch.uk to be sent our way!

The Head Student Team

Here are the answers to last week's 'Geoguesser' challenge...

1. Unicorn Scotland
2. Markhor Pakistan
3. Kiwi New Zealand
4. Dodo Mauritius
5. Phoenix Lebanon
6. Two-spotted lady bug Latvia
7. Komodo dragon Indonesia
8. Okapi DRC
9. Toucan Belize
10. Flamingos Bahamas

THINGS TO DO WHEN YOU'RE BORED

Bored at home? Want to try something new or find a way to escape the screen? Try to incorporate something from this list of '10 things to do when you're bored' into your week...

1. Take a nice long bath
2. Go for a walk
3. Video call or FaceTime a friend
4. Try out a new craft or art skill
5. Read a book
6. Learn some conversational phrases in a new language
7. Play outside
8. Try meditation
9. Listen to your favourite playlist
10. Combine the above tips, and sit outside with your favourite playlist or book and enjoy the fresh air.

It's always good to have a little change in our day-to-day lives!

Evie, Year 9

VALENTINE'S PLAYLIST

- You're My Best Friend - Queen
- My Girl - The Temptations
- All you need is Love - The Beatles
- Better Together - Jack Johnson
- You've got a friend in me - Randy Newman

Did you guess the link between the songs last week? It was BGS!

GREAT DREAM

Action For Happiness' Ten Keys to Happier Living are based on a review of the latest research from psychology and related fields. Everyone's path to happiness is different, but the evidence suggests these Ten Keys consistently tend to have a positive impact on people's happiness and well-being.

The first five keys (GREAT) are about how we interact with the outside world in our daily activities. They are based on the Five Ways to Wellbeing developed by the New Economics Foundation as part of the Foresight Project. The second five keys (DREAM) come from inside us and depend on our attitude to life.

You can find out more about how to incorporate 'Great Dream' into your life here:

<https://www.actionforhappiness.org/10-keys>

LOCKDOWN LIFE SKILLS

The Lockdown Like Skills to try this week are...

- How to make bread
- How to play scrabble
- How to set up a savings account

Can you master all three?



GREAT DREAM

Ten keys to happier living

- | | | |
|------------|--|---------------------------------|
| GIVING | | Do things for others |
| RELATING | | Connect with people |
| EXERCISING | | Take care of your body |
| AWARENESS | | Live life mindfully |
| TRYING OUT | | Keep learning new things |
| DIRECTION | | Have goals to look forward to |
| RESILIENCE | | Find ways to bounce back |
| EMOTIONS | | Look for what's good |
| ACCEPTANCE | | Be comfortable with who you are |
| MEANING | | Be part of something bigger |

FAMOUS FIRST LINES

10 Great Opening Lines from Novels to inspire your half-term reading...

1. "The past is a foreign country: they do things differently there." From 'The Go-Between' by L.P. Hartley.
2. "It was one of those Septembers when it seemed that the summer would never end." From the James Bond novel, 'On Her Majesty's Secret Service' by Ian Fleming.
3. "Last night I dreamt I went to Manderley again." From 'Rebecca' by Daphne du Maurier.
4. "Except for the Marabar Caves - and they are twenty miles off - the city of Chandrapore presents nothing extraordinary." From 'A Passage to India' by E.M. Forster.
5. "A green hunting cap squeezed the top of the fleshy balloon of a head." From 'A Confederacy of Dunces' by John Kennedy Toole.
6. "The boy with fair hair lowered himself down the last few feet of rock and began to pick his way towards the lagoon." From 'Lord of the Flies' by William Golding.
7. "The first time Caesar approached Cora about running north, she said no." From 'The Underground Railroad' by Colson Whitehead.
8. "It was a bright cold day in April, and the clocks were striking thirteen." From 'Nineteen Eighty-Four' by George Orwell.
9. "Out among the remotest planets, in faithful orbit through the Solar System, the great Satellite revolved slowly in the glimmer of a billion distant suns, reflecting their faint light from its cold and silent surfaces." From the Doctor Who novel, 'The Ark in Space' by Ian Marter.
10. "1801 - I have just returned from a visit to my landlord - the solitary neighbour that I shall be troubled with." From 'Wuthering Heights' by Emily Bronte.

What are your favourite opening lines from novels? Does an opening line matter? Which of these might tempt you to read the novel? If not, can you suggest lines that you found particularly effective or memorable? Happy Reading!

Mr A. Mitchell (Law)

DRAMA WRITTEN PIECE

This term in Drama, Year 9 have been working on activities related to the First Fleet's transportation of convicts to Sydney Cove, (in what would become Australia), in 1787-8. One task was to write a monologue from the perspective of a convict. An extract from Lizzie Edward's piece is below; find out what happens by reading the Bulletin!

The day has finally come. I am being sailed away, away from my home, away from my family. I don't know what to think. While my thoughts are gathering, my body is just taking me where I need to go. I am being forced onto a ship; down I go into the darkness. My mind is blank. What have I done? Where are we going? How long is it going to take to get there? I didn't grow up with an education so I don't understand what all words mean, and where we go sometimes, and what places are called. When I finally regain my thoughts, I am in a very dimly lit room with no windows and only one way out. A staircase, my only hope to breathe the fresh air again while on this ship.

A week has passed. I've only been allowed out my hold once, to move around a little. I'm glad we did because my muscles need to move. I haven't seen the sky since I was shoved down here. I think about what I did to deserve this, what I did to be stuck down here with other people like me.

"You can cut all the flowers but you cannot keep spring from coming."

Pablo Neruda