Britain grew rich from slavery, from trading with the empire and gaining cheap raw materials.	The empire gave opportunities for the British to seek their fortune.	Britain exported (gave to other countries) its culture e.g. sport, arts, science and education.
Britain brought Christianity to large parts of the world.	Britain tried to stop many other local religions that had existed before they were there.	Britain's building projects cost huge amounts of money and lives to the local people.
Britain helped to build roads, railways, bridges and schools in the empire.	They brought clean water, hospitals and modern medicine.	Many British thought their way of life was best, they ignored local customs and sometimes tried to destroy them.
Many British emigrants simply stole land from the natives and killed those that resisted.	The British were racist and treated the native people badly.	