

BELIEVE · EVOLVE · ENRICH · SUPPORT ·  
**BGS BEES**  
KEEPING BGS BUSY!

**PE CHALLENGE**

How far can you run in a week?  
Pick a target and try to achieve it - you can do this in as many runs as you want.  
Just add up your total distance! You may use any runs you have done so far in half-term already.

- Beginner - 5km
- Intermediate - 8km
- Advanced - 15km
- Pro >20km

Let us know how you get on - Good Luck!

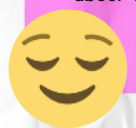
**NATIONAL SMILE MONTH**

Year on Year National Smile Month provides an opportunity for schools to take part in the National campaign which is promoted throughout Lincolnshire. This year's theme is 'What makes you smile?' and we are proud to share the amazing work Elyza in Year 10 has been doing, achieving a goal which makes her smile.

"Since March I have been going through the process of learning British Sign Language and completed the course with 100% on my final assessment this May. I now know the basics of sign language, which made me smile because sign language is an amazing thing that we have in this world and I strongly believe that everyone should have at least one way of communicating properly especially since deafness is not always something you can prevent and especially during this difficult time being able to communicate with friends and family is absolutely paramount."

**MINDFUL MOMENT**

During this lockdown period, you may be feeling the pressure to do something truly meaningful, but sometimes the need to be productive can be toxic. To find out more about 'toxic productivity' and what you can do to break the cycle, watch this video: <https://www.bbc.co.uk/bitesize/articles/zj9r92p>



**GUESS THE TEACHER**

The BGS teachers have been keeping busy too, see if you can match the photos to the teachers - answers will feature in next week's issue, but until then, send your guesses to [bgsbees@bourne-grammar.lincs.sch.uk](mailto:bgsbees@bourne-grammar.lincs.sch.uk)

**JOKE**  
Yesterday I saw a guy spill all his Scrabble letters on the road. I asked him, "What's the word on the street?"  
W, O, R, D.

**FEEL GOOD MUSIC**

Señorita's Segarra Happy Spanish Playlist

1. Marc Anthony- Vivir la vida <https://www.youtube.com/watch?v=YXnjy5YIDwk>
2. Alvaro Soler- El mismo sol ft Jennifer Lopez [https://www.youtube.com/watch?v=srPJ-s5uMbl&list=PLJpq9F0usiE2HIL-cSKybi3mS7\\_m50T&index=4Z](https://www.youtube.com/watch?v=srPJ-s5uMbl&list=PLJpq9F0usiE2HIL-cSKybi3mS7_m50T&index=4Z)
3. Blas Cantó- Eurovision 2020- Universo <https://www.youtube.com/watch?v=nXb46PPcwQQ>
4. Chayanne- Madre Tierra <https://www.youtube.com/watch?v=VkuRI7ZQyDM>
5. Llane- amor bailando [https://www.youtube.com/watch?v=n32Sr\\_lcRdY](https://www.youtube.com/watch?v=n32Sr_lcRdY)

**BGS COMMUNITY**

Double check hedges and bushes, you may just find a surprise! These distinctively blue blackbird eggs were found by Tom in Year 10 in his garden; hopefully we will be able to see the chicks in 2 weeks time!  
If you would like to share your ideas, projects, or things you have found interesting, send your contributions in to [bgsbees@bourne-grammar.lincs.sch.uk](mailto:bgsbees@bourne-grammar.lincs.sch.uk)

1 has been making cards for friends

2 has been drawing

3 has been painting

4 has been cross-stitching

5 has been playing the piano

7 has been gardening

8 has been playing table tennis

9 has been gardening

10 has been doing daily yoga

11 has transformed their garden

12 has been spending time with their puppy, Gromit

13 has been recording hymns, which have been shared around the country

14 has been potting new plants

15 has built a planter

15 has built a wooden trunk

16 has been spending time with their puppy, Monty

Teachers shown:  
Miss Bradley, Mr Jones, Mr Gillespie, Miss Segara, Ms Baverstock, Miss Capper, Mrs Williamson, Ms Creedon, Mrs Worrall, Miss Turton, Mr Adamson, Miss Atkinson, Ms Currier, Mr Kelly, Mr Smith, Mrs Mohan

"IF YOU CAN'T FLY, THEN RUN; IF YOU CAN'T RUN, THEN WALK; IF YOU CAN'T WALK, THEN CRAWL; BUT WHATEVER YOU DO, YOU HAVE TO KEEP MOVING FORWARD." DR. MARTIN LUTHER KING JR.