

PSHE Overview Years 9, 10 & 11

Term 1

	Year 9	Year 10	Year 11
Theme	STAYING SAFE ONLINE & OFFLINE	HEALTH & WELLBEING	HEALTH & WELLBEING
Unit	Legal & Illegal Drugs	Mental Health & Wellbeing	Mental Health & Wellbeing
Session	Tutor Time	Tutor Time	Tutor Time
1	What is a drug?	Screen time	Screen addiction & studying
2	What is a drug?	Screen time	Screen addiction & studying
3	Different substance addictions	Mental health illness	Exam stress & anxiety
4	Different substance addictions	Mental health illness	Exam stress & anxiety
5	Drug classification	Self-harm	Social media vs real life
6	Drug classification	Self-harm	Social media vs real life

Spiral Thematic Approach

1. Rights, Responsibilities & British Values
2. Celebrating Diversity & Equality
3. Relationships and Sex Education
4. Staying Safe Online and Offline
5. Health and Wellbeing
6. Life Beyond School



Term 2

	Year 9	Year 10	Year 11
Theme	LIFE BEYOND SCHOOL	RIGHTS, RESPONSIBILITIES & BRITISH VALUES	LIFE BEYOND SCHOOL
Unit	Labour Market Information & Option Choices	Exploring British Values	Post-16 Options
Session	Tutor Time	Hourly Session	Tutor Time
1	Thinking about a Range of Jobs	Critical Thinking & Fake News	(Mock Examinations)
2	Labour Market Information	Critical Thinking & Fake News	(Mock Examinations)
3	Researching Jobs	Hate Crime in the UK	(Mock Examinations)
4	Awareness of pathways and apprenticeships	Hate Crime in the UK	Preparing for Individual Careers Meetings
5	Career Planning, Recruitment & Selection	British Values & Identity	Subject Choices at A-level
6	Thinking about GCSE Options	Mutual Respect & Tolerance	Post-16 Options

Spiral Thematic Approach

1. **Rights, Responsibilities & British Values**
2. **Celebrating Diversity & Equality**
3. **Relationships and Sex Education**
4. **Staying Safe Online and Offline**
5. **Health and Wellbeing**
6. **Life Beyond School**

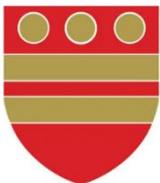


Term 3

	Year 9	Year 10	Year 11
Theme	RSE	RSE	RSE
Unit	Sex, the Law & Consent	Risk, Relationships & Sex Education	Sexual Health
Session	Tutor Time	Tutor Time	Tutor Time
1	Sexual Consent and the Law	Campaigning Against FGM	Fertility and What Impacts It
2	Sexual Consent and the Law	Campaigning Against FGM	Fertility and What Impacts It
3	Delaying Sexual Activity	Porn and its Impact on Society	Importance of Sexual Health
4	Delaying Sexual Activity	Porn and its Impact on Society	Importance of Sexual Health
5	Sexual Harassment and Stalking	Unhealthy Relationships and Sexual Assault	Revisiting STIs
6	Sexual Harassment and Stalking	Unhealthy Relationships and Sexual Assault	Revisiting STIs

Spiral Thematic Approach

1. Rights, Responsibilities & British Values
2. Celebrating Diversity & Equality
3. Relationships and Sex Education
4. Staying Safe Online and Offline
5. Health and Wellbeing
6. Life Beyond School



Term 4

	Year 9	Year 10	Year 11
Theme	RIGHTS, RESPONSIBILITIES & BRITISH VALUES	STAYING SAFE, ONLINE & OFFLINE	LIFE BEYOND SCHOOL
Unit	<i>Combatting Extremism & Terrorism</i>	<i>Violence, Crimes & Seeking Safety</i>	<i>Your Future and Beyond</i>
Session	Tutor Time	Tutor Time	Tutor Time
1	Conspiracy Theories	Online Gaming & Gambling	CV Writing
2	Conspiracy Theories	Online Gaming & Gambling	CV Writing
3	Forms of Extremism	Modern-Day Slavery	Interview Skills
4	Forms of Extremism	Modern-Day Slavery	Interview Skills
5	The Radicalisation Process	Causes of Knife Crime	Workplace Behaviour
6	The Radicalisation Process	Causes of Knife Crime	Pay slips & Deductions

Spiral Thematic Approach

1. Rights, Responsibilities & British Values
2. Celebrating Diversity & Equality
3. Relationships and Sex Education
4. Staying Safe Online and Offline
5. Health and Wellbeing
6. Life Beyond School